



## Bibliography for Adults

### ***Recommended for General Grief:***

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- Brener, Anne. (2001) **Mourning And Mitzvah: A Guided Journal for Walking the Mourner's Path Through Grief to Healing**. 2<sup>nd</sup> ed., Jewish Lights Pub.
- Chodron, Pema. (2001). **The Places That Scare You**. Boston: Shambhala Publications, Inc.
- Deits, Bob. (2000). **Life After Loss: A Personal Guide Dealing with Death, Divorce, Job Change and Relocation**. Fisher Books.
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- Grollman, Rabbi Earl A. (2001). **Living With Loss, Healing With Hope**. Beacon Press.
- Hickman, Martha Whitmore. (1994). **Healing After Loss: Daily Meditations for Working Through Grief**. New York: Avon Books, Inc.
- Kolf, June Cerza. (2002). **When Will I Stop Hurting: Dealing with a Recent Death**. Updated Edition. Baker Books.
- Levy, Naomi. (1998). **To Begin Again: The Journey Toward Comfort, Strength and Faith in Difficult Times**. New York: Ballantine Books.
- OUR HOUSE Grief Support Center: **My Grief Journal**. OUR HOUSE 2008.
- Rando, Therese A. (1984). **Grief, Dying & Death: Clinical Intervention for Caregivers**. IL: Research Press.
- Roberts, Barbara K. (2002). **Death without Denial, Grief Without Apology**. Troutdale: New Sage Press.
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- Staudacher, Carol. (1994). **A Time To Grieve: Meditations for Healing After the Death of a Loved One**. New York: HarperCollins Publishers.
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***Recommended for Death of a Partner/Spouse:***

Campbell, Scott and Phyllis Silverman. (1996). **Widower: When Men Are Left Alone**. Baywood Publishing Co.

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Feinberg, Linda Sones. (1994). **I'm Grieving As Fast As I Can: How Young Widows and Widowers Can Cope and Heal**. New Horizon Press.

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 **YOUNG WIDOW, Naked in the Memorial Playground**. Director: [Elizabeth Titus](#)

***Recommended for Death of a Parent:***

Bartocci, Barbara. (2000) **Nobody's Child Anymore**. Notre Dame: Sorin Books.

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Fumia, Molly. (2000). **A Piece of my Heart: Living Through the Grief of Miscarriage, Stillbirth, or Infant Death.** Berkeley: Conari Press.

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Mehren, Elizabeth. (1997). **After the Darkest Hour the Sun Will Shine Again.** New York: Simon & Schuster.

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Rosof, Barbara D. (1994). **The Worst Loss.** New York: Henry Holt & Company.

Sanders, Catherine. (1998) **How to Survive the Loss of a Child.** Roseville: Prima Lifestyles.

Schwiebert, Pat and Chuck DeKlyen. (1999). **Tear Soup.** Portland: Grief Watch.

Spock, Cindy Kludt. (2008). **The Silent Loss.** Bloomington, IN: AuthorHouse.

***Recommended Reading for Sudden Death/Death by Suicide:***

Doka, Kenneth. **Living With Grief After Sudden Loss.** Washington D.C.: The Hospice Foundation of America (1996).

Linn-Gust, Michelle. **Do They Have Bad Days In Heaven?: Surviving the Suicide Loss of a Sibling.** Albuquerque: Chellehead Works, 2001.

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***Recommended for Parents of Grieving Children:***

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