



Book Recommendations for Adults

Recommended for General Grief

Saying Goodbye to Someone You Love: Your Emotional Journey Through End of Life and Grief By: Norine Dresser and Fredda Wasserman for OUR HOUSE Grief Support Center

Living With Loss, Healing With Hope By: Rabbi Earl A. Grollman

Healing After Loss: Daily Meditations for Working Through Grief By: Martha Whitmore Hickman

My Grief Journal By: OUR HOUSE Grief Support Center

About Grief. By Ron Marasco and Brian Shuff

Tear Soup By: Pat and Chuck DeKlyen Schwiebert

Healing Your Grieving Heart: 100 Practical Ideas By: Alan D. Wolfelt

Making Loss Matter By: David Wolpe

Grief Counseling & Grief Therapy, fourth edition By: J. William Worden

DVD Transforming Loss: A Documentary Director: Judith Burdick

Recommended for Death of a Partner/Spouse

I'm Grieving As Fast As I Can: How Young Widows and Widowers Can Cope and Heal By: Linda Sones Feinberg

It Must Have Been Moonglow: Reflections on the First Years of Widowhood By: Phyllis Grenne

AfterImage: A Brokenhearted Memoir of a Charmed Life By: Carla Malden

Grieving: A Beginners Guide By: Jerusha Hull McCormack

Death without Denial, Grief Without Apology By: Barbara K. Roberts

Spoiler Alert: The Hero Dies By: Michael Ausiello

The Other Side of Complicated Grief: Hope in the Midst of Despair By Rhonda O'Neill

DVD YOUNG WIDOW, Naked in the Memorial Playground Director: Elizabeth Titus

Recommended for Death of a Parent

Motherless Daughters By: Hope Edelman

Always Too Soon By: Allison Gilbert

The Orphaned Adult: Understanding and Coping with Grief and Change after the Death of our Parents By: Alexander Levy

Death Benefits: How Losing a Parent Can Change an Adult's Life – for the Better By: Jeanne Safer

Death of a Parent: Transition to a New Adult Identity By: Debra Umberson

Recommended for Death of a Child

Resilience By: Elizabeth Edwards

Dancing with the Midwives: A Memoir of Art and Grief By: Ann Faison

Gili's Book: A Journey Into Bereavement for Parents and Counselors By: Henya Kagan Klein

After the Darkest Hour the Sun Will Shine Again By: Elizabeth Mehren

Tear Soup By: Pat and Chuck DeKlyen Schwiebert

Recommended Reading for Sudden Death/Death by Suicide

Living With Grief After Sudden Loss By: Kenneth Doka

I Wasn't Ready To Say Goodbye: Surviving, Coping & Healing after the Sudden Death of a Loved One
By: Brook Noel and Pamela D. Blair, Ph.D.

Recommended for Parents of Grieving Children

Children Grieve Too!: A Handbook For Parents of Grieving Children By: Lauren Schneider for
OUR HOUSE Grief Support Center

Never Too Young to Know: Death in Children's Lives By: Phyllis R. Silverman

Children And Grief: When A Parent Dies By: William J. Worden

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