



# Grief Specialist Training Program

Wednesday, August 1, Thursday, August 2 & Friday, August 3, 2018

*Location: San Fernando Valley*

**Death is a part of life.** Grief is the natural response. Yet many professionals have not had the training nor developed the skills to support clients through this tumultuous journey. This experiential course will provide you with theoretical and practical approaches to use in your work with grieving children, adolescents, and/or adults. You will have the opportunity to enhance and practice your skills and to reflect upon your own comfort in dealing with death and bereavement.

**OUR HOUSE**, the leading grief support center and training facility in Los Angeles, offers comprehensive trainings for mental health clinicians, clergy, school personnel, and medical and hospice professionals. Through lecture, case discussions, small group activities, and role plays these trainings will enhance your ability to counsel grieving clients in both private practice and agency settings.

## Training Objectives:

- Learn a state-of-the art model for understanding the grief process
  - Explore how your own grief experiences impact your work
  - Acquire effective intervention strategies for use with groups and individual clients
- Experience all this in a safe, supportive environment as you practice these skills under the guidance of experienced clinicians specializing in grief.

### ***Quotes from previous attendees:***

*"When I think of all the grieving clients I've had in the past, I wish I knew then what I know now after this training."*

*"Thoughtful, sensitive approach to a very difficult topic. All activities handled with a great deal empathy and time to appropriately respond to issues."*

## Register Today!

[www.OurHouse-Grief.org/CEU](http://www.OurHouse-Grief.org/CEU) or by phone: 888.417.1444

### GRIEF SPECIALIST TRAINING

21  
CE/CEUs

**Location:** San Fernando Valley

**Date:** August 1, 2, & 3 (Wednesday-Friday)

**Time:** 8:45 am – 5:00 pm

#### Pricing:

*Early Bird Registration* by July 23 · \$500

*General Registration* after July 23 · \$545

*Student/intern rate* · early \$400 / general \$445

This 3-day intensive training provides in-depth education including intervention strategies and hands-on practice for those who wish to become a Grief Specialist for children and/or adults.

**OUR HOUSE** is approved by the California Association of Marriage and Family Therapists (Provider # 124762) to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs.

**OUR HOUSE** maintains responsibility for this program/course and its content. Course approved by the California Board of Registered Nursing, Provider #CEP 15119, for 21 contact hours, and approved by the Nursing Home Administrator Program, Provider #CEP 1718.”

- Grief across the life-span
- Theoretical models for understanding grief
- Cultural diversity among Grievers
- How traumatic death effects the grieving process
- Age-appropriate language for explaining death, suicide, and funerals to children
- The healing potential of grief work
- Self-care and compassion fatigue

## ABOUT THE PRESENTERS

#### **Lauren Schneider, LCSW**

##### ***Clinical Director of Child and Adolescent Programs***

Lauren, a nationally recognized authority on Children's Grief, has provided trainings for mental health clinicians, educators, clergy, health care providers and graduate students throughout the community since 2000. Lauren is the author of "Children Grieve Too: A Handbook for Parents of Grieving Children". She also created "My Memory Book...for grieving children" as well as grief-related curricula for use at Camp Erin Los Angeles and in OUR HOUSE grief support groups. Lauren is the Associate Producer of "One Last Hug...and a few smooches" an Emmy award winning HBO documentary about Children's Grief. She trains and supervises OUR HOUSE group leaders as well as MSW and MFT clinicians and students. Lauren maintains a private practice in Los Angeles specializing in grief and loss.

#### **Fredda Wasserman, MA, MPH, LMFT, CT**

##### ***Director of Special Projects***

As a professional speaker, author, and therapist certified in thanatology, Fredda presents trainings and workshops throughout the country on end of life and grief. She established the **OUR HOUSE** Medical and Clergy Education programs and is the co-author of *Saying Goodbye to Someone You Love: Your Emotional Journey Through End of Life and Grief*. Fredda maintains a private psychotherapy practice and has created a series of guided imagery/relaxation CDs. Recognized as an expert in death, dying, and bereavement, Fredda has devoted her career to life's final chapter.

**\*Arrangements and accommodations will be made available to those with disabilities**

**Cancellation Policy:** Refund less \$25 refunded upon written request received 10 days prior to course date. No refunds thereafter.

**Course completion certificates** will be awarded on the final day of training.  
**Grievances** should be reported directly to the Executive Director. OUR HOUSE encourages prompt reporting of complaints so that we can take appropriate action.