



Grief Intensive Training

August 6-8, 2025

Online

Death is a part of life. Grief is the natural response. Yet many professionals have not had the training nor developed the skills to support clients through this tumultuous journey. This experiential course will provide you with theoretical and practical approaches to use in your work with grieving children, adolescents, and/or adults. You will have the opportunity to enhance and practice your skills and to reflect upon your own comfort in dealing with death and bereavement.

OUR HOUSE, the leading grief support center and training facility in Los Angeles, offers comprehensive trainings for mental health clinicians, clergy, school personnel, and medical and hospice professionals. Through lecture, case discussions, small group activities, and role plays these trainings will enhance your ability to counsel grieving clients in private practice, school, and agency settings.

Training Objectives:

Demonstrate Knowledge of Grief Theories: Participants will be able to identify and explain at least three major contemporary theories of grief (e.g., Worden's Tasks of Mourning, Dual Process Model, Meaning Reconstruction). Identify at least three natural grief responses for children, teens and/or adults.

Apply Intervention Techniques in Practice:

Participants will demonstrate competency in applying at least three grief intervention strategies (e.g., narrative therapy, group facilitation, memory-making activities) during role-play exercises or case simulations, as evaluated by a facilitator.

Reflect on Personal Attitudes Toward Death and Grief:

Participants will complete a structured self-reflection that explores their personal beliefs, experiences, and comfort levels related to death and bereavement. Participants will identify at least three symptoms of secondary traumatization and compassion fatigue.

Analyze Case Examples Using a Multi-Dimensional Framework:

Participants will analyze at least two case studies involving grieving clients (children, adolescents, or adults) and articulate a multi-dimensional approach to care that incorporates theory, cultural factors, and developmentally appropriate interventions.

Register Today!

GRIEF INTENSIVE TRAINING

Location: Online

Date: Aug 6-8, 2025

Time: 9:00 am – 5:00 pm with 1 hr lunch break

Pricing:

Early Bird General Registration: \$550

Early Bird Student/Intern Rate: \$440

General Registration as of Jul 1 · \$610

General Student/intern rate as of Jul 1· \$500

- Grief across the lifespan
- Theoretical models for understanding grief
- Cultural diversity among grievers
- How traumatic death effects the grieving process
- The healing potential of grief work
- Self-care and compassion fatigue
- Age-appropriate language for explaining death, suicide, and funerals to children

Talya Block, LCSW, is a Licensed Clinical Social Worker with a deep commitment to children & families in the L.A. area. As the Senior Clinical Coordinator at OUR HOUSE, Talya supports children & their families throughout their grief journey with the Family Support Program. She also trains & supervises volunteers & Master of Social Work (MSW) students, helping to foster the next generation of social workers.

Before OUR HOUSE, Talya worked as a medical social worker at Children's Hospital Los Angeles in the Blood and Marrow Transplantation Program, where she supported patients & families navigating complex medical challenges. In addition to her work at OUR HOUSE, Talya maintains a private practice, NextGen Therapy Group, where she continues to provide individualized care to clients.

Talya earned her bachelor's degree in Biopsychology, Cognition & Neuroscience as well as Master of Social Work (MSW) degree from the University of Michigan.

Course meets the qualifications for 21 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. OUR HOUSE Grief Support Center is approved by the California Association of Marriage and Family Therapists (Provider # 124762). to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. OUR HOUSE Grief Support Center maintains responsibility for this program/course and its content. Provider approved by the California Board of Registered Nursing, Provider #CEP 15119, for 21 contact hours. Approved by the Nursing Home Administrator Program, Provider #CEP 1718.

ABOUT THE PRESENTERS

Christine Pappas, MSW, MSSP Clinical &

Community Education Coordinator is a Clinical Social Worker and full spectrum doula with more than a decade of experience supporting others through the thresholds of life. As Clinical and Community Education Coordinator, she conducts trainings for mental health, medical, and other professionals to prepare them to support clients and communities around death, dying, and grief.

Christine's previous professional roles have included group facilitator, volunteer coordinator, community organizer, program director, teaching artist, and care worker of many different forms. She has worked in a wide range of settings including homes, schools, libraries, health care facilities, prisons, non-profit organizations, community gardens, and spiritual sanctuaries.

Christine is committed to the work of holding space for people of all ages as they experience and shape change. She received her Master in Social Work and in Social Policy from the University of Pennsylvania.

Cancellation Policy: Refund less processing fees refunded upon written request received 7 days prior to course date. No refunds thereafter.

Course completion certificates will be awarded shortly after training. Grievances should be reported directly to the Executive Director. OUR HOUSE encourages prompt reporting of complaints so that we can take appropriate action.

GRIEF INTENSIVE TRAINING

We are committed to providing an inclusive and accessible experience for all participants. If you have any accessibility needs or require accommodations to fully participate in our program, please contact our Senior Administrator, Kellie J. Adan, kellie@ourhouse-grief.org. We are happy to work with you to ensure appropriate support is in place.

Quotes from Previous Attendees

"Thoughtful, sensitive approach to a very difficult topic. All activities handled with a great deal of empathy and time to appropriately respond to issues."

"When I think of all the grieving clients I've had in the past, I wish I knew then what I know now after this training."



Grief Intensive Training Agenda

- Day 1
- Universality of Grief
- 10 minute break
- How do we Grieve? A look at what Culture, Psychology and the Arts teach us about this thing called Grief
- 1 hour LUNCH
- J. William Worden's Task Model & Natural Grief Responses
- 10 minute break
- Demonstration of Adult Intake
- Art Experiential
- CLOSING

Day 2

- Techniques for Deepening the Expression of Grief
- 10 minute break
- Experiential
- 1 hour LUNCH
- Children's Grief
- Demonstration of Family/Child Intake
- 10 minute break
- Grief & the DSM
- CLOSING

Day 3

- Grief After Traumatic Death
- Attachment & Grief
- 10 minute break
- Cultural & Religious Perspectives
- 1 hour LUNCH
- Complications of Grief & Disenfranchised Grief
- Experiential
- 10 minute break
- Meaning Making, Resilience & Hope
- Guarding Against Secondary Trauma/Compassion Fatigue
- Art Experiential
- CLOSING