

## IN-PERSON AND VIRTUAL OFFERING

### Adult Support Groups

Death within 3-12 months to enter group

#### Death of Spouse/Partner

1-year group, meets 2x per month

- 18-49 year olds
- 50-69 year olds
- 70+

#### Death of Sibling

1-year group, meets 18 times

- 18-49 year olds
- 50+ year olds

#### Death of Parent

1-year group, meets 18 times

- 18-29 year olds
- 30-49 year olds
- 50+

#### Death of Child (12+)

1.5 year group, meets 2x per month

- Death within 18 months to enter the group

### Child & Family Support

Death within 3-24 months to enter group

#### Family Support Program

Fall Session (5 months)

Spring Session (5 months)

- 5-7 year olds
- 8-10 year olds
- 6-8<sup>th</sup> grade
- 9-12<sup>th</sup> grade

One night for the whole family!  
Children and their parent/caregiver are provided dinner before the start of their breakout groups.

### General Support

#### Circle of Grieving

4 month group, meets 12 times

- Death of anyone within 3 years

#### Virtual Groups

Formed based on need for all  
Adult & Circle of Grieving Groups

**No one is turned away for inability to pay.**

Fees based on a sliding scale of \$50 per meeting down to \$1.

We welcome and value individuals from all races, ethnicities, religions, beliefs, and socioeconomic backgrounds.