## OUR HOUSE GRIEF SUPPORT CENTER AND CEDARS-SINAI PRESENT

## GRIEVING THE DEATH OF A LOVED ONE

## AN INTRODUCTORY WORKSHOP FOR GRIEVING ADULTS

This workshop, presented by clinically trained grief specialists, is designed for adults grieving the death of someone important in their lives — no matter the relationship — within the past two years.

THURSDAY, MARCH 15, 2018, 6-8 PM IN AHSP — PEC 5
TUESDAY, JULY 17, 2018, 6-8 PM IN AHSP — PEC 5
TUESDAY, NOVEMBER 13, 2018, 6-8 PM IN AHSP — PEC 5

LIGHT SNACKS AT 5:45 PM, PROGRAM TO BEGIN PROMPTLY AT 6 PM

Advanced Health Sciences Pavilion 127 S. San Vicente Blvd. Los Angeles, CA 90048 (Northwest corner of 3rd Street and San Vicente Boulevard)

Park in Lot 4. The entrance is located on the southeast corner of Sherbourne Drive and 3rd Street. Drive down to Level B1 and park in the Gold Zone.

Parking will be validated.

Each session will include:

- An introduction to the grieving process
- Resources for additional grief support
- The chance to connect with others who have had similar experiences

This workshop is provided free of charge. Please note that this workshop is for adults only and no child care will be provided.

Please RSVP by emailing GroupGriefWorkshop@cshs.org or call the Cedars-Sinai Supportive Care Medicine team at 310-423-9520.



