CHILDREN AND TEENS’ BOOK LIST

**Death of a Parent**

*Always My Dad* (A small picture book about the enduring love a young boy finds after the death of his father) Kathryn Graf. Ages 5-10

*Because the Sky is Everywhere* (A child looks everywhere for his father until he learns an important lesson) by Nancy Sharp.

*Everett Anderson’s Goodbye* (Young boy experiences grief following the death of his father) Lucille Clifton. Ages 3-9


*Not the End. A Child’s Journey Through Grief.* (created to give hope to children grieving the death of a parent) Mari Dombkowski. Ages 6-12

*Not the End of the Chavez Family.* (a true story about one family's journey after the father dies) Mari Dombkowski. Written in English and in **Spanish** Ages 6-12

*Sad but OK- My Daddy Died Today* (Chapter book chronicling a family's journey through cancer, death, and grief. Barbara Frisbie Juneau. Ages 8-12

*Saying Goodbye to Daddy* (Gentle treatment of death, funerals, grief as a multi-generational family grieves the death of the adult son, husband and father) Judith Vigna. Ages 6-12

**Death of a Grandparent**

*Children Also Grieve: Talking about Death & Healing* (Story about a dog in a family whose grandfather died; has room to create scrapbook) Linda Goldman. Ages 5-10


*I know I Made it Happen* (Deals with self blame when a series of bad things happen including a grandparent’s death) Lynn Bennett Blackburn. Ages 6-12

*Saying Goodbye to Grandma* (In depth look at a family gathering for the funeral of a beloved grandmother) Jane Resh Thomas. Ages 8-12

*Something Very Sad Happened* (A mother tells her son about the death of his Grandmother) By Bonnie Zucker, Ages 3-10

*Until We Meet Again*  Susan Jones  (children react to death of grandfather) Ages 3-10

*What’s Heaven?*  Maria Shriver.  (children react to death of grandfather ) Ages 3-8

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Wishes for One More Day  Melanie Joy Pastor (3-10)

Zayde Comes to Live  Sheri Sinykin (4-10)

Zeydeh  (A Story Guide to Help Jewish Children Cope With Loss and Bereavement)  Moshe Halevi Spero.  Ages 6-12

Death of a Sibling

Alicia Afterimage, Lulu Delacre.  Ages 12-adult

Always My Brother, Jean Reagen.  Ages 6-11


The Empty Place- A Child's Guide through Grief.  Roberta Temes, PhD, Ages 3-8

Thumpy's Story  (Bunnies learn about death, grief and love when their sibling dies.  Good Explanations for younger children.  Nancy C. Dodge.  Ages 3-8

Death by Suicide

Bart Speaks Out  (An interactive story and workbook for children dealing specifically with a death by suicide.  Uses photos of dogs to soften the impact) Linda Goldman, M.S. Ages 3-10

But I Didn’t Get to Say Good-Bye  (A book for parents and professionals helping child suicide survivors; portions may be read aloud with older children) Barbara Rubel.  Griefwork Center Inc, New Jersey

Books for Grief in General

*Bereaved Children and Teens: A Support Guide for Parents and Professionals  Edited by Earl A. Grollman.  For children about ages 3-18 (appropriate for older teens)

Brave Bart  (a cat experiences both a post-traumatic stress reaction and grief following a bad, scary thing) Caroline Sheppard, ACSW.  Ages 3-14

*Can be ordered through OUR HOUSE

Day of the Dead  (A village in Mexico prepares and celebrates this holiday which honors the memories of their loved ones)  Tony Johnston & Jeanette Winter.  Ages 3-10

Fall of Freddie the Leaf  (Poetic look at the life cycle and its meaning) Leo Buscaglia, Ph.D.  All ages

*Healing Your Grieving Heart For Teens: 100 Practical Ideas  Alan D. Wolfelt, Ph.D.  Ages 12-18

grief girl: my true story  (Memoir of a woman who was orphaned suddenly at age 14) Erin Vincent.  Ages 12-Adult

Lifetimes: A beautiful way to explain death to children.  (Gentle explanations of the life cycle)  Ages 3-7
Love is Forever  (Gentle treatment of loss and grief) Casey Brislov Ages 3-10

My Grief Journal: for Grieving Teens (Offers the opportunity to draw or write about memories & feelings after death) OUR HOUSE. Ages 11-18

My Memory Book: for Grieving Children (Offers the opportunity to draw or write about memories & feelings after death) OUR HOUSE. Ages 3-10

A Taste of Blackberries  (A fictional look at how a pre-adolescent boy who comes to terms with the death of a friend) Doric Buchanan Smith. Ages 8-14

The Rhino Who Swallowed a Storm  (Gentle story about how we can overcome tragic events with support) LeVar Burton & Susan Schaefer Bernardo Ages 5-11

The Tenth Good Thing About Barney  (Death, Grief and the afterlife as experienced by a young boy following the death of his dear cat) Judith Viorst. Ages 3-8

Timothy Duck  (Duck learns about death, dying, grieving, and healing when his friend dies) Lynn Bennett Blackburn. Ages 3-8

When Dinosaurs Die  Laurie Krasny Brown and Marc Brown. Ages 6-12

My Good Grief Journal for Kids: An iPad app for grieving children and their adults  Ages 6-12 Website: http://mygoodgriefjournalforkids.com/  (Twenty activity pages and unlimited journaling helps adults spark warm conversations with their grieving children. Kids will create a lasting treasure chest of memories, thoughts and feelings about their deceased as well as both child and adult users.)

Death of a Pet:

My Pet Died (Let’s Make a Book about It). Rachel Biale

“Oh Where has my Pet Gone?”: a pet loss memory book. Sally Sibbit. Ages 3-103

When Only the Love Remains: The Pain of Pet Loss. Emily Margaret Stuparyk

The Tenth Good Thing About Barney  (Death, Grief and the afterlife as experienced by a young boy following the death of his dear cat) Judith Viorst. Ages 3-8

Recommended for Parents of Grieving Children:


Hannelore, Corr, Charles A. **Childhood & Death.** Hemisphere Publishing Corp.


**Young Adult books with Death as the Main Subject**


Zevin, Gabrielle. **Elsewhere.** MacMillan, New York 2005

www.OurHouse-Grief.org