

2018 IMPACT REPORT



897

Children and Teens aged 4-18 who have experienced the death of a parent join **In-House Groups** at our locations in West LA and Woodland Hills that are specific to the age of the child. Our **School-Based Groups** are free of charge in public elementary, middle, and high schools. The groups provide students a safe place to share their thoughts and feelings with other kids who are also grieving a family member or close friend.



255

Campers served at **Camp Erin**, a weekend-long summer camp for children ages 6 through 17 providing an opportunity to express their grief while enjoying fun, outdoor activities. Children and teens connect with those who are also grieving the death of someone close, learn coping skills to use after camp ends, and honor their special person in memorial activities.

46,850

Hours of service clocked in 2018.



7,916

Therapists, clergy, school personnel, and medical and hospice professionals were provided comprehensive grief **Professional Education**. These trainings enhance participants' abilities to counsel grieving clients in both private practice and agency or organizational settings.



19,900

Adults, teens, and children served, educated, and reached in 2018.



87,000

From 2014-2018 OUR HOUSE grew 7% annually and **87,000** people were served, educated, and reached.



808

Adults served through **In-House Groups** located in West LA, Woodland Hills and Mid-City/Koreatown are specific to the age of the griever, the length of time since the death and the relationship to the person who died. Being with others who are experiencing similar feelings provides comfort and support, allowing grievers to move along their path towards hope and healing.



353

A death in the workplace or school setting can profoundly affect an organization's staff and community. Our **On-Site Grief Response** program offers a forum for the expression of shared grief. Clinical staff designs a response that suits the particular setting. Providing compassion and education to grieving **employees** or **students** allows the community to begin to heal.

212

Future Doctors educated on how to speak with their patients on death and dying. Since 1998, our **Medical Education** program has been part of the curriculum for students at the USC Keck and UCLA David Geffen Schools of Medicine. We provide participants a unique interactive opportunity to learn from our grief experts and OUR HOUSE alumni, to take the step from being a good to a great doctor in the eyes of their patients and families.



369

Spanish-speaking grievers served through our **Spanish Satellite Program** in our three centers and throughout the community for adults who have experienced the death of someone close. Over 15,000 served, reached, and educated since the program launch in 2014.



BY THE NUMBERS



"I am so thankful for OUR HOUSE. It saved me. I have understanding friends and family but being in this group was invaluable. I have made lifelong friends and a support system. Thank you! I would recommend to anyone."



"I came to OUR HOUSE after my dad died. His death was so sudden and unexpected, and OUR HOUSE wrapped me up, gave me community, showed me I wasn't alone, held space for me to have every one of my feelings, and encouraged me to deeply address my grief. Even after my group ended, I found myself falling back on the lessons and connections learned in my group, as I navigated finding my new normal after my dad's death."



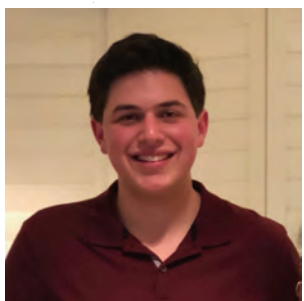
From a camper to a future camper: "Camp Erin is legit the best! Everyone is so kind, and you will instantly make friends so don't worry! This camp is just what you will need trust me! Just remember, don't be afraid to talk to people about your feelings. Nobody will judge. Everyone here will support you! Just keep smiling, and when you're not, remember you are not alone!"



Translated from Spanish: "Sometimes I feel that the only thing people want me to do is 'get over' what happened to my son and this does not help me heal...in group I have learned that I can share and not be judged, even if I share the same thoughts and feelings each time...I have found a place that understands this need."



"This presentation brought me out of my comfort zone and made me confront an aspect of medicine and life in general that always made me uncomfortable. The alumni panel was particularly helpful, as hearing what physicians do and don't do well in consoling others is very applicable to my own professional development."



Jake Riding, "OUR HOUSE was incredibly helpful to me in the aftermath of my dad's death. It provided me with a safe space to talk to other kids going through the same terrible experience. Similarly, to learning how to ride a bike, I will never forget the tips and skills OUR HOUSE taught me. From helping me make my memories of my dad more concrete to teaching me how to let go of the bad feelings associated with grief, I attribute to how I act today to OUR HOUSE. After going through group, I knew I wanted to give back and help other kids in my position, so I became a Teen Leader. Losing a loved one is by far one of the hardest things a kid can go through and it takes a loving community to help them."



TESTIMONIALS

2018

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Sharing Grief. Finding Hope.