

## CHILDREN AND TEENS' BOOK LIST

### Death of a Parent:

- **Always My Dad**  
A small picture book about the enduring love a young boy finds after the death of his father.  
By: Kathryn Graf. Ages 5-10
- **Because the Sky is Everywhere**  
A child looks everywhere for his father until he learns an important lesson.  
By: Nancy Sharp.
- **Everett Anderson's Goodbye**  
Young boy experiences grief following the death of his father.  
By: Lucille Clifton. Ages 3-9
- **A Journey with Mrs. Beens: a children's storybook of grief support.**  
Lovely book about two children whose mother died.  
By: Marsha Ann Dobler. Ages 3-9.  
(Available for New Hope Grief Support Community)
- **My BIG DUMB Invisible DRAGON.**  
Metaphorical tale about a young boy's journey after his mother's death. Focus is on his reactions and how he learns to cope.  
By: Angie Lucas. 2019. Ages 4-11
- **Not the End. A Child's Journey Through Grief.**  
Created to give hope to children grieving the death of a parent.  
By: Mari Dombkowski. Ages 6-12
- **Not the End of the Chavez Family.**  
A true story about one family's journey after the father dies.  
By: Mari Dombkowski. Written in English and in **Spanish** Ages 6-12
- **Sad but OK- My Daddy Died Today**  
Chapter book chronicling a family's journey through cancer, death, and grief.  
By: Barbara Frisbie Juneau. Ages 8-12
- **Saying Goodbye to Daddy**  
Gentle treatment of death, funerals, grief as a multi-generational family grieves the death of the adult son, husband and father  
By: Judith Vigna. Ages 6-12

### Death of a Grandparent:

- **Birds of a Feather:** A Children's Story of Love, Loss and What Came Next.  
By: Tom Crice. Ages 5-11
- **Children Also Grieve: Talking about Death & Healing**  
Story about a dog in a family whose grandfather died; has room to create scrapbook  
By: Linda Goldman. Ages 5-10
- **Finding Grandpa Everywhere**  
A young child discovers memories of a grandparent.  
By: John Hodge. Ages 3-10.  
Available through the Centering Corporation, [www.centering.org](http://www.centering.org).
- **I know I Made it Happen**  
Deals with self-blame when a series of bad things happen including a grand parent's death.  
By: Lynn Bennett Blackburn. Ages 6-12
- **Saying Goodbye to Grandma**  
In depth look at a family gathering for the funeral of a beloved grandmother.  
By: Jane Resh Thomas. Ages 8-12
- **Something Very Sad Happened: A toddler's guide to understanding death**  
A mother tells her son about the death of his Grandmother.  
By: Bonnie Zucker, Ages 2-5
- **Until We Meet Again**  
Children react to death of grandfather.  
By: Susan Jones Ages 3-10
- **What's Heaven?**  
Children react to death of grandfather.  
By: Maria Shriver. Ages 3-8
- **Wishes for One More Day**  
By: Melanie Joy Pastor (3-10)
- **Zayde Comes to Live**  
By: Sheri Sinykin (4-10)
- **Zeydeh**  
A Story Guide to Help Jewish Children Cope with Loss and Bereavement.  
By: Moshe Halevi Spero. Ages 6-12

### Death of a Sibling:

- **Alicia Afterimage**  
By: Lulu Delacre. Ages 12-adult
- **Always My Brother**  
By: Jean Reagen. Ages 6-11
- **A Birthday Present for Daniel.**  
By: Juliet Rothman. Ages 3-9
- **The Empty Place- A Child's Guide through Grief.**  
By: Roberta Temes, PhD, Ages 3-8
- **Thumpy's Story**  
Bunnies learn about death, grief and love when their sibling dies. Good Explanations for younger children.  
By: Nancy C. Dodge. Ages 3-8
- **Where's Our Baby?**  
This book captures the essence of a young child's need to understand why Mom returns from the hospital without the baby brother he'd been looking forward.  
By: Valerie Oldfield. Ages 4-10.

### Death by Suicide:

- **Bart Speaks Out**  
An interactive story and workbook for children dealing specifically with a death by suicide. Uses photos of dogs to soften the impact  
By: Linda Goldman, M.S. Ages 3-10
- **But I Didn't Get to Say Good-Bye**  
A book for parents and professionals helping child suicide survivors; portions may be read aloud with older children.  
By: Barbara Rubel. Griefwork Center Inc, New Jersey

### Books for Grief in General:

- **Bereaved Children and Teens: A Support Guide for Parents and Professionals**  
Edited by Earl A. Grollman. For children about ages 3-18 (appropriate for older teens)
- **Brave Bart**  
A cat experiences both a post-traumatic stress reaction and grief following a bad, scary thing.  
By: Caroline Sheppard, ACSW. Ages 3-14  
*\*[Can be ordered through OUR HOUSE](#)*

- **Day of the Dead**  
A village in Mexico prepares and celebrates this holiday which honors the memories of their loved ones.  
By: Tony Johnston & Jeanette Winter. Ages 3-10
- **Fall of Freddie the Leaf**  
Poetic look at the life cycle and its meaning.  
By: Leo Buscaglia, Ph.D. All ages
- **Healing Your Grieving Heart *For Teens*: 100 Practical Ideas**  
By: Alan D. Wolfelt, Ph.D. Ages 12-18
- ***grief girl: my true story***  
Memoir of a woman who was orphaned suddenly at age 14.  
By: Erin Vincent. Ages 12-Adult
- ***Lifetimes: A beautiful way to explain death to children.***  
Gentle explanations of the life cycle.  
By: Bryan Mellonie and Robert Ingpen. Ages 3-7
- **Love is Forever**  
Gentle treatment of loss and grief.  
By: Casey Brislov. Ages 3-10
- **My Grief Journal: for Grieving Teens**  
Offers the opportunity to draw or write about memories & feelings after death.  
By: [OUR HOUSE](#). Ages 11-18
- **My Memory Book: for Grieving Children**  
Offers the opportunity to draw or write about memories & feelings after death.  
By: [OUR HOUSE](#). Ages 3-10
- **A Taste of Blackberries**  
A fictional look at how a pre-adolescent boy who comes to terms with the death of a friend.  
By: Doric Buchanan Smith. Ages 8-14
- **The Rhino Who Swallowed a Storm**  
Gentle story about how we can overcome tragic events with support.  
By: LeVar Burton & Susan Schaefer Bernardo Ages 5-11
- **The Tenth Good Thing About Barney**  
Death, Grief and the afterlife as experienced by a young boy following the death of his dear cat.  
By: Judith Viorst. Ages 3-8
- **Timothy Duck**  
Duck learns about death, dying, grieving, and healing when his friend dies.  
By: Lynn Bennett Blackburn. Ages 3-8

- **When Dinosaurs Die**  
By: Laurie Krasny Brown and Marc Brown. Ages 6-12
- **My Good Grief Journal for Kids: An iPad app for grieving children and their adults**  
Twenty activity pages and unlimited journaling helps adults spark warm conversations with their grieving children. Kids will create a lasting treasure chest of memories, thoughts and feelings about their loved one. The app can be completely personalized to the names, gender and relationships of the deceased as well as both child and adult users.  
Ages 6-12 Website: <http://mygoodgriefjournalforkids.com/>

### Death of a Pet:

- **My Pet Died (Let's Make a Book about It).**  
By: Rachel Biale
- **Oh Where has my Pet Gone?: A pet loss memory book.**  
By: Sally Sibbit. Ages 3-103
- **When Only the Love Remains: The Pain of Pet Loss.**  
By: Emily Margaret Stuparyk
- **The Tenth Good Thing About Barney**  
Death, Grief and the afterlife as experienced by a young boy following the death of his dear cat.  
By: Judith Viorst. Ages 3-8

### Recommended for Parents of Grieving Children:

- **Grieve Too!: A Handbook For Parents of Grieving Children**  
[By: Lauren Schneider, OUR HOUSE \(2011\).](#)
- **Death if Hard to Live With: Teenagers Talk about how They Cope with Loss.**  
By: Bode, Janet. Delacorte Press (1993)
- **Attachment & Loss.**  
By: Bowlby, John. Vol. III. Basic Books (2000)
- **Saying Goodbye to Someone You Love: Your Emotional Journey Through End of Life and Grief.**  
[By: Norine Dresser and Fredda Wasserman, OUR HOUSE \(2011\).](#)
- **Bereaved Children and Teens: A Support Guide for Parents and Professionals.**  
By: Earl A. Grollman
- **Childhood & Death.**  
By: Hannelore, Corr, Charles A Hemisphere Publishing Corp.

- **Never Too Young to Know: Death in Children's Lives.**  
By: Phyllis R. Silverman
- **A Parent's Guide to Raising Grieving Children.**  
By: Silverman, Phyllis & Kelly, Madeline.
- **Helping Bereaved Children: A Handbook for Practitioners.**  
By: Webb, Nancy Boyd
- **Children and Grief: When a Parent Dies.**  
By: Worden, William J.
- **Young Adult books with Death as the Main Subject**  
By: Lytton, Deborah. Jane in Bloom.
- **The Remarkable Journey of Charlie Price**  
By: Maschari, Jennifer.
- **Elsewhere**  
By: Zevin, Gabrielle.

[www.OurHouse-Grief.org](http://www.OurHouse-Grief.org)  
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