

1,049

Children and teens served in groups and summer camp.



46,850

2018 hours of service clocked.



1,177

Adult grievers served in groups.



7,916

Professionals educated through workshops, clinical outreach, and training.



369

Spanish-speaking adults served in grief groups and workshops.

2018 IMPACT REPORT

AT A GLANCE

 **OURHOUSE**
GRIEF SUPPORT CENTER
Sharing Grief. Finding Hope.



TESTIMONIALS



"I am so thankful for OUR HOUSE. It saved me. I have understanding friends and family but being in this group was invaluable. I have made lifelong friends and a support system. Thank you! I would recommend to anyone."



"I came to OUR HOUSE after my dad died. His death was so sudden and unexpected, and OUR HOUSE wrapped me up, gave me community, showed me I wasn't alone, held space for me to have every one of my feelings, and encouraged me to deeply address my grief. Even after my group ended, I found myself falling back on the lessons and connections learned in my group, as I navigated finding my new normal after my dad's death."



From a camper to a future camper: "Camp Erin is legit the best! Everyone is so kind, and you will instantly make friends so don't worry! This camp is just what you will need trust me! Just remember, don't be afraid to talk to people about your feelings. Nobody will judge. Everyone here will support you! Just keep smiling, and when you're not, remember you are not alone!"



Translated from Spanish: "Sometimes I feel that the only thing people want me to do is 'get over' what happened to my son and this does not help me heal...in group I have learned that I can share and not be judged, even if I share the same thoughts and feelings each time...I have found a place that understands this need."



"This presentation brought me out of my comfort zone and made me confront an aspect of medicine and life in general that always made me uncomfortable. The alumni panel was particularly helpful, as hearing what physicians do and don't do well in consoling others is very applicable to my own professional development."