



Child and Teen Book List

Death of a Parent:

A Tiny Step Forward - *A boy copes with the death of his mom by keeping the memories of the good times and the love they shared alive.* Charlene Khaghan & Jill Starishevsky. Ages 4-10

Always My Dad - *A small picture book about the enduring love a young boy finds after the death of his father.* Kathryn Graf. Ages 5-10

Because the Sky is Everywhere - *A child looks everywhere for his father until he learns an important lesson.* Nancy Sharp. Ages 3-8

Cookie Monsters - *A fun, fast-paced story about how one girl navigates middle school, friendships, and the competitive world of cookie sales after the death of her beloved mother.* Erika J. Kendrick. Ages 8-12

Everett Anderson's Goodbye - *Young boy experiences grief following the death of his father.* Lucille Clifton. Ages 3-9

A Journey with Mrs. Beens: A Children's Storybook of Grief Support - *A lovely book about two children whose mother died.* Marsha Ann Dobler. Ages 3-9. Available for New Hope Grief Support Community.

My BIG DUMB Invisible DRAGON - *A metaphorical tale about a young boy's journey after his mother's death. Focus is on his reactions and how he learns to cope.* Angie Lucas. Ages 4-11

Not the End: A Child's Journey Through Grief - *Created to give hope to children grieving the death of a parent.* Mari Dombkowski. Ages 6-12

Not the End of the Chavez Family - *True story about one family's journey after the father dies.* Mari Dombkowski. Written in English and in Spanish. Ages 6-12

Sad but OK- My Daddy Died Today - *Chapter book chronicling a family's journey through cancer, death, and grief.* Barbara Frisbie Juneau. Ages 8-12

Saying Goodbye to Daddy - *Gentle treatment of death, funerals, grief as a multi-generational family grieves the death of the adult son, husband and father.* Judith Vigna. Ages 6-12

Death of a Grandparent:

Birds of a Feather: A Children's Story of Love, Loss and What Came Next - Tom Crice. Ages 5-11

Children Also Grieve: Talking about Death & Healing - *A story about a dog in a family whose grandfather died; has room to create scrapbook.* Linda Goldman. Ages 5-10

Finding Grandpa Everywhere - *A young child discovers memories of a grandparent.* John Hodge. Ages 3-10. Available through the Centering Corporation, www.centering.org.

I know I Made it Happen - *Deals with self-blame when a series of bad things happen including a grandparent's death.* Lynn Bennett Blackburn. Ages 6-12

Saying Goodbye to Grandma - *In depth look at a family gathering for the funeral of a beloved grandmother* Jane Resh Thomas. Ages 8-12

Something Very Sad Happened: A toddler's guide to understanding death - *A mother tells her son about the death of his Grandmother.* Bonnie Zucker. Ages 2-5

Until We Meet Again - *Children react to death of grandfather.* Susan Jones. Ages 3-10

What's Heaven? - *Children react to death of grandfather.* Maria Shriver. Ages 3-8

Wishes for One More Day - Melanie Joy Pastor. Ages 3-10

Zayde Comes to Live - Sheri Sinykin. Ages 4-10

Zeydeh: A Story Guide to Help Jewish Children Cope with Loss and Bereavement - Moshe Halevi Spero. Ages 6-12

Death of a Sibling:

Alicia Afterimage - Lulu Delacre. Ages 12-adult

Always My Brother - Jean Reagen. Ages 6-11

A Birthday Present for Daniel - Juliet Rothman. Ages 3-9

The Empty Place: A Child's Guide through Grief - Roberta Temes, PhD. Ages 3-8

Thumpy's Story - *Bunnies learn about death, grief and love when their sibling dies. Good Explanations for younger children.* Nancy C. Dodge. Ages 3-8

Where's Our Baby? - *Captures the essence of a young child's need to understand why Mom returns from the hospital without the baby brother he'd been looking forward to meeting.* Valerie Oldfield. Ages 4-10

Death by Suicide:

Bart Speaks Out - *An interactive story and workbook for children dealing specifically with a death by suicide. Uses photos of dogs to soften the impact.* Linda Goldman, M.S. Ages 3-10

But I Didn't Get to Say Good-Bye - *A book for parents and professionals helping child suicide survivors; portions may be read aloud with older children.* Barbara Rubel.

Supporting Children Who Are Grieving a Death by Suicide – *An informational toolkit created by the National Alliance for Children's Grief to teach caregivers, professionals, and children how to have a conversation with a child about a suicide death.* Website: [NACG Supporting Children who are Grieving a Death by Suicide \(adobe.com\)](https://www.nacg.org/supporting-children-who-are-grieving-a-death-by-suicide/)

Books for Grief in General:

Bereaved Children and Teens: A Support Guide for Parents and Professionals - Edited by Earl A. Grollman. Ages 3-18 (appropriate for older teens)

Brave Bart - *A cat experiences both a post-traumatic stress reaction and grief following a bad, scary thing.* Caroline Sheppard, ACSW. Ages 3-14

Day of the Dead - *A village in Mexico prepares and celebrates this holiday which honors the memories of their loved ones.* Tony Johnston & Jeanette Winter. Ages 3-10

My Grief Journal: for Grieving Children/Teens* - *Offers the opportunity to draw or write about memories & feelings after death.* OUR HOUSE Grief Support Center. Ages 3-10 and 11-18 *can be purchased through OUR HOUSE website

The Rhino Who Swallowed a Storm - *Gentle story about how we can overcome tragic events with support.* LeVar Burton & Susan Schaefer Bernardo. Ages 5-11

When Dinosaurs Die - Laurie Krasny Brown and Marc Brown. Ages 6-12

My Good Grief Journal for Kids - *An iPad app for grieving children and their adults.* Ages 6-12
Website: <http://mygoodgriefjournalforkids.com/>

Death of a Pet:

My Pet Died: Let's Make a Book about It - Rachel Biale

"Oh Where has my Pet Gone?": a pet loss memory book - Sally Sibbit. Ages 3-103

When Only the Love Remains: The Pain of Pet Loss - Emily Margaret Stuparyk

The Tenth Good Thing About Barney - *Death, Grief and the afterlife as experienced by a young boy following the death of his dear cat.* Judith Viorst. Ages 3-8