



OURHOUSE
GRIEF SUPPORT CENTER



Grief Intensive Training

July 24-26, 2024

Holy Spirit Retreat Center 4316 Lanai Road, Encino, CA 91436

Death is a part of life. Grief is the natural response. Yet many professionals have not had the training nor developed the skills to support clients through this tumultuous journey. This experiential course will provide you with theoretical and practical approaches to use in your work with grieving children, adolescents, and/or adults. You will have the opportunity to enhance and practice your skills and to reflect upon your own comfort in dealing with death and bereavement.

OUR HOUSE, the leading grief support center and training facility in Los Angeles, offers comprehensive trainings for mental health clinicians, clergy, school personnel, and medical and hospice professionals. Through lecture, case discussions, small group activities, and role plays these trainings will enhance your ability to counsel grieving clients in private practice, school, and agency settings.

Training Objectives: Our grief workshop and intensive training course provides a theoretical and practical approach to grief support to implement in work with grieving children, adolescents, and adults. Those who complete this training will have the opportunity to enhance and practice intervention skills and to reflect upon their own comfort with and understanding of death and bereavement. The thorough review of grief theories, relevant case examples, practical knowledge of interventions with both individuals and groups, and different views of the healing and meaning-making process, allow participants to take a multi-dimensional approach to learning how to be a competent and effective practitioner in grief care.

Quotes from Previous Attendees

"Thoughtful, sensitive approach to a very difficult topic. All activities handled with a great deal of empathy and time to appropriately respond to issues."

"When I think of all the grieving clients I've had in the past, I wish I knew then what I know now after this training."

Register Today!

GRIEF INTENSIVE TRAINING

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CEU!

Location: In Person at Holy Spirit Retreat Center

Date: July 24-26, 2024

Time: 9:00 am – 5:00 pm with 1 hr lunch break

Pricing:

Early Bird General Registration: \$575

Early Bird Student/Intern Rate: \$465

General Registration as of Jan 5 · \$655

General Student/intern rate as of Jan 5 · \$525

- Grief across the lifespan
- Theoretical models for understanding grief
- Cultural diversity among grievers
- How traumatic death effects the grieving process
- The healing potential of grief work
- Self-care and compassion fatigue
- Age-appropriate language for explaining death, suicide, and funerals to children

Lauren Schneider, LCSW Clinical Director of Child and Adolescent Programs is a nationally recognized authority on children's grief & has provided trainings for mental health clinicians, educators, clergy, health care providers and graduate students throughout the community since 2000.

Lauren is the author of *Children Grieve Too: A Handbook for Parents of Grieving Children*. She also created *My Memory Book...for Grieving Children* as well as grief related curricula for use at Camp Erin Los Angeles and in OUR HOUSE grief support groups. Lauren is the Associate Producer of *One Last Hug: Three Days at Grief Camp*, an Emmy award winning HBO documentary about Children's Grief.

She trains & supervises OUR HOUSE group leaders as well as MSW and MFT clinicians and students. Lauren maintains a private practice in Los Angeles specializing in grief and loss.

Our House Grief Support Center is approved by the California Association of Marriage and Family Therapists (Provider # 124762) to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. Our House Grief Support Center maintains responsibility for this program/ course and its content. Provider approved by the California Board of Registered Nursing, Provider #CEP 15119, for 21 contact hours. Approved by the Nursing Home Administrator Program, Provider #CEP 1718.

ABOUT THE PRESENTERS

Christine Pappas, MSW, MSSP Clinical & Community Education Coordinator is a Clinical Social Worker and full spectrum doula with more than a decade of experience supporting others through the thresholds of life. As Clinical and Community Education Coordinator, she conducts trainings for mental health, medical, and other professionals to prepare them to support clients and communities around death, dying, and grief.

Christine's previous professional roles have included group facilitator, volunteer coordinator, community organizer, program director, teaching artist, and care worker of many different forms. She has worked in a wide range of settings including homes, schools, libraries, health care facilities, prisons, non-profit organizations, community gardens, and spiritual sanctuaries.

Christine is committed to the work of holding space for people of all ages as they experience and shape change. She received her Master's in Social Work and in Social Policy from the University of Pennsylvania.

Cancellation Policy: Refund less processing fees refunded upon written request received 10 days prior to course date. No refunds thereafter.

Course completion certificates will be awarded shortly after training. Grievances should be reported directly to the Executive Director. OUR HOUSE encourages prompt reporting of complaints so that we can take appropriate action.

Grief Intensive Training

Agenda

Day 1

- **Universality of Grief**
- **How do we Grieve? A look at what Culture, Psychology and the Arts teach us about this thing called Grief**
- **LUNCH**
- **J. William Worden's Task Model & Natural Grief Responses**
- **Demonstration of Adult Intake**
- **Art Experiential**
- **CLOSING**

Day 2

- **Techniques for Deepening the Expression of Grief**
- **Experiential**
- **LUNCH**
- **Children's Grief**
- **Demonstration of Family/Child Intake**
- **Grief & the DSM**
- **CLOSING**

Day 3

- **Grief After Traumatic Death**
- **Attachment & Grief**
- **Cultural & Religious Perspectives**
- **LUNCH**
- **Complications of Grief & Disenfranchised Grief**
- **Experiential**
- **Meaning Making, Resilience & Hope**
- **Guarding Against Secondary Trauma/Compassion Fatigue**
- **Art Experiential**
- **CLOSING**