Grief Intensive Training
March 3-5, 2027
Online for 21 CE

Our House

Death is a part of life. Grief is the natural response. Yet many professionals have not had the training nor developed the skills to support clients through this tumultuous journey. This experiential course will provide you with theoretical and practical approaches to use in your work with grieving children, adolescents, and/or adults. You will have the opportunity to enhance and practice your skills and to reflect upon your own comfort in dealing with death and bereavement.

Our House, the leading grief support center and training facility in Los Angeles, offers comprehensive trainings for mental health clinicians, clergy, school personnel, and medical and hospice professionals. Through lecture, case discussions, small group activities, and role plays these trainings will enhance your ability to counsel grieving clients in private practice, school, and agency settings.

TRAINING OBJECTIVES

Demonstrate Knowledge of Grief Theories:
Demonstrate Knowledge of Grief Theories: Participants will be able to identify and explain at least three major contemporary theories of grief (e.g., Worden's Tasks of Mourning, Dual Process Model, Meaning Reconstruction). Identify at least three natural grief responses for children, teens and/or adults.

Apply Intervention Techniques in Practice:
Participants will demonstrate competency in applying at least three grief intervention strategies (e.g., narrative therapy, group facilitation, memory-making activities) during role-play exercises or case simulations, as evaluated by a facilitator.

Reflect on Personal Attitudes Toward Death and Grief:
Participants will complete a structured self-reflection that explores their personal beliefs, experiences, and comfort levels related to death and bereavement. Participants will identify at least three symptoms of secondary traumatization and compassion fatigue.

Analyze Case Examples Using a Multi-Dimensional Framework:
Participants will analyze at least two case studies involving grieving clients (children, adolescents, or adults) and articulate a multi-dimensional approach to care that incorporates theory, cultural factors, and developmentally appropriate interventions.

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Cancellation Policy: Refund less processing fees refunded upon written request received 7 days prior to course date. No refunds thereafter.

GRIEF INTENSIVE TRAINING

Location: Online

Date: March 3-5, 2027

Time: 9:00 am – 5:00 pm PST with 1 hr lunch break

Early Bird General Registration: $550
Early Bird Student/Intern Rate: $440

General Registration as of Feb 16 • $610 General
Student/intern rate as of Feb 16: $500

Course meets the qualifications for 21 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. OUR HOUSE Grief Support Center is approved by the California Association of Marriage and Family Therapists (Provider # 124762). to sponsor continuing education for LMFTs, LCSWs, LPPCs and LEPs. OUR HOUSE Grief Support Center maintains responsibility for this program/course and its content. Provider approved by the California Board of Registered Nursing. Provider #CEP 15119, for 21 contact hours. Approved by the Nursing Home Administrator Program, Provider #CEP 1718.

Grief across the lifespan

- Theoretical models for understanding grief Cultural diversity among grievers
- How traumatic death effects the grieving process
- The healing potential of grief work
- Self-care and compassion fatigue Age-appropriate language for explaining death,suicide, and funerals to children

Our Presenters

Talya Block, LCSW, is a Licensed Clinical Social Worker with a deep commitment to children & families in the L.A. area. As the Cultural Director of Child & Adolescent Programs, Talya supports children & their families throughout their grief journey with the Family Support Program. She also trains & supervises volunteers & Master of Social Work (MSW) students, helping to foster the next generation of social workers. Before Our House, Talya worked as a medical social worker at Children's Hospital Los Angeles in the Blood and Marrow Transplantation Program, where she supported patients & families navigating complex medical challenges. In addition to her work at Our House, Talya maintains a private practice, NextGen Therapy Group, where she continues to provide individualized care to clients. Talya earned her bachelor's degree in Biopsychology, Cognition & Neuroscience as well as Master of Social Work (MSW) degree from the University of Michigan.

Melisa Castanon, Clinical and Community Education Coordinator is a clinical social worker at Our House Grief Support Center. She earned her Master of Social Work from the University of Denver. She coordinates grief support groups, conducts clinical intakes, facilitates groups, supervises volunteers, and provides volunteer trainings and educational presentations in community and medical settings. Her work helps strengthen professionals' ability to support individuals and communities navigating death, dying, and grief.

Melisa has been with Our House for three years. She previously facilitated support groups for people living with cancer and for those grieving the death of a loved one from cancer. She has recently completed training as a death doula and is interested in how those practices can complement compassionate end-of-life and grief care.

She is deeply committed to expanding access to compassionate, informed grief support and helping ensure that individuals and families receive the care and understanding they deserve after a loss.

Brenda Hernandez holds a Master's degree in Clinical Psychology, Marriage and Family Therapy from Antioch University, Los Angeles and has over 10 years of experience in community mental health, education, and nonprofit work. She oversees the Spanish Community Program at Our House Grief Support Center, where she is dedicated to expanding access to grief support within Latino communities, breaking down stigma surrounding grief, and increasing awareness of the importance of grief support services. She is passionate about providing culturally responsive support and creating spaces where individuals and families feel understood, connected, and supported as they navigate the loss of a loved one.

Grief Intensive Training

Agenda

Quotes from Previous Attendees

The instructors were beyond excellent in their communication, preparation, and emotional support for the entire group. I found it so constructive for my practice and I am beyond thrilled to include this in my future work.

Amazing training! Provided a ton of in depth training but in a way that felt accessible and applicable to my work.

Grief Intensive Training Agenda

Agenda is subject to change due to presenter availability

Day 1

- Universality of Grief
- 10 minute break
- How do we Grieve? A look at what Culture, Psychology and the Arts teach us about this thing called Grief
- 1 hour LUNCH
- J. William Worden's Task Model & Natural Grief Responses
- 10 minute break
- Demonstration of Adult Intake
- Art Experiential
- CLOSING

Day 2

- Techniques for Deepening the Expression of Grief 10 minute break
- Experiential
- 1 hour LUNCH
- Children's Grief
- Demonstration of Family/Child Intake
- 10 minute break
- Grief & the DSM
- CLOSING

Day 3

- Grief After Traumatic Death
- Attachment & Grief
- 10 minute break
- Cultural & Religious Perspectives
- 1 hour LUNCH
- Complications of Grief & Disenfranchised Grief Experiential
- 10 minute break
- Guarding Against Secondary Trauma/Compassion Fatigue Art Experiential
- CLOSING

Course completion certificates will be awarded shortly after training. Grievances should be reported directly to the Executive Director. Our House encourages prompt reporting of complaints so that we can take appropriate action.

We are committed to providing an inclusive and accessible experience for all participants. If you have any accessibility needs or require accommodations to fully participate in our program, please contact our Senior Administrator, Kellie J. Adan, kellie@ourhouse-grief.org. We are happy to work with you to ensure appropriate support is in place.